

School Uniform and Appearance Requirements

General Guidelines

To maintain a dignified, neat, simple, and modest student image, students must pay attention to their dress and personal hygiene and must not deliberately dress up or follow trends.

Summer Uniform

Detailed Guidelines

1. 【Boys and Girls】

(A) Uniform Criteria: Must fit properly and be clean

(not too long or too short, not too wide or too narrow, not deliberately altered or stained)

Shoes	Plain black flat student leather shoes (exotic leather, patent leather, or exaggerated styles are not accepted), with no lines other than black on the edges of the shoes
Cardigan	A grey cardigan with the school name on the left chest

(B) Appearance

Hairstyle	Hairstyle must be simple and neat, strictly no dyeing or cutting in an eccentric style, no use of any hair products such as gel, styling water, hair conditioner, hair wax, or deliberately applying water, etc
Face	The wearing of makeup or the application of coloured / shiny lip balm is strictly prohibited
Accessories	Students are not allowed to wear any accessories such as necklaces, bracelets, wristbands, rings, or earrings
Fingernails	Students are not allowed to keep long nails or apply nail polish
Contact Lenses	Students are not allowed to wear coloured contact lenses

2. 【Boys】

(A) School Uniform

Shirt	A pure white short-sleeved shirt with blue trim around the chest With a blue school emblem sewn on the left pocket, must be worn with a pure white undershirt
Trousers	Black straight-leg trousers and a black belt
Socks	Pure black mid-calf socks (approximately 1/3 to 1/2 of the calf length) without any logos
School Badge	On the chest pocket of the shirt or above the school name of the cardigan

(B) Appearance

Hairstyle	Hair should not cover the eyebrows at the front, not extend beyond halfway down the ears on the sides, and should not cover the collar at the back
	Hair perm is not allowed
	Shaving the head completely is not allowed
Accessories	Earrings are not allowed to be worn

3. 【Girls】

(A) School Uniform

Dress	A-line dress with a stand-up collar and short sleeves, accompanied by a matching belt (must be made of school-specified fabric, with no accessories hanging on the skirt or belt), featuring a blue school emblem stitched on the left chest, and the dress hem should reach mid-knee length
Socks	Pure white mid-calf socks (approximately 1/3 to 1/2 of the calf length) without any logos
School Badge	Above the blue school emblem or above the school name of the cardigan

(B) Appearance

Hairstyle	Forehead hair must not cover the eyebrows, and the sideburns must not extend beyond half of the ears; otherwise, it must be clipped up with a hairpin. Hair strands reaching the shoulders must be tied up and secured with a plain black or dark blue head accessory
Accessories	Only one white/clear/pure silver earring is allowed on each earlobe

4. 【Boys and Girls: PE Uniform】

T shirt	Round-neck short-sleeved PE T-shirt, embroidered badge on the left chest, house name printed on the back
Shorts	Black PE shorts with contrasting colour trim on both sides.
Socks	Pure white mid-calf socks (approximately 1/3 to 1/2 of the calf length) without any logos
Shoes	Mainly white sports shoes
Jacket	White jacket with embroidered badge on the left chest and house name printed on the back

Winter Uniform

Detailed Guidelines

1. 【Boys and Girls】

(A) Uniform Criteria: Must fit properly and be clean

(not too long or too short, not too wide or too narrow, not deliberately altered or stained)

Shoes	Plain black flat student leather shoes (exotic leather, patent leather, or exaggerated styles are not accepted), with no lines other than black on the edges of the shoes
Gloves and Scarf	Pure dark blue, black, or grey, without any patterns
Winter Jacket	Winter hooded school jacket or grey school blazer
Cardigan	A grey cardigan with the school name on the left chest
School Tie	Grey school tie
If the Observatory announces that the temperature in Sha Tin District is 12°C or below at 6 am: Boys and girls: Students may wear a pure black down jacket to ensure that they have sufficient warm clothing Girls: (a) may wear nude / grey stockings or socks without any patterns or (b) may wear grey velvet straight-leg trousers as an alternative to the school dress or (c) may wear neat school PE uniform	

(B) Appearance

Hairstyle	Hairstyle must be simple and neat, strictly no dyeing or cutting in an eccentric style, no use of any hair products such as gel, styling water, hair conditioner, hair wax, or deliberately applying water, etc
Face	The wearing of makeup or the application of coloured / shiny lip balm is strictly prohibited
Accessories	Students are not allowed to wear any accessories such as necklaces, bracelets, wristbands, rings, or earrings
Fingernails	Students are not allowed to keep long nails or apply nail polish
Contact Lenses	Students are not allowed to wear coloured contact lenses

2. 【Boys】

(A) School Uniform

Shirt	White long-sleeved shirt with a black striped collar
	The left pocket is sewn with a blue emblem. Must fasten the neck and cuff buttons, no rolling up sleeves, and wear a school tie
Trousers	Black straight-leg trousers and a black belt
Socks	Pure black mid-calf socks (approximately 1/3 to 1/2 of the calf length) without any logos
School Badge	On the chest pocket of the shirt or above the school name of the cardigan

(B) Appearance

Hairstyle	Hair should not cover the eyebrows at the front, not extend beyond halfway down the ears on the sides, and should not cover the collar at the back
	Hair perm is not allowed
	Shaving the head completely is not allowed
Accessories	Earrings are not allowed to be worn

3. 【Girls】

(A) School Uniform

Shirt	White long-sleeved shirt. The left pocket is sewn with a blue emblem. Must fasten the neck and cuff buttons, no rolling up sleeves, and wear a school tie
Dress	Blue velvet pinafore dress with school name on the left front, dress hem at half-knee length
Socks	Pure black mid-calf socks (approximately 1/3 to 1/2 of the calf length) without any logos
School Badge	Above the school name of the dress or cardigan

(B) Appearance

Hairstyle	Forehead hair must not cover the eyebrows, and the sideburns must not extend beyond half of the ears; otherwise, it must be clipped up with a hairpin. Hair strands reaching the shoulders must be tied up and secured with a plain black or dark blue head accessory
Accessories	Only one white/clear/pure silver earring is allowed on each earlobe

4. 【Boys and Girls: PE Uniform】

Sports Sweatshirt	Round-neck long-sleeved sports sweatshirt with an embroidered emblem on the left chest and the school name printed on the back.
Track pants	Black sports track pants with white thin stripes on both side
Socks	Pure white mid-calf socks (approximately 1/3 to 1/2 of the calf length) without any logos
Shoes	Mainly white sports shoes
Jacket	White jacket with embroidered badge on the left chest and house name printed on the back

Other Remarks

- Students must wear neat school uniform or PE uniform (long pants) for activities within the school premises. If there is a Physical Education (PE) lesson or school team practice on that day, students may wear their PE uniform (long pants) to school.
- For PE lessons in summer, students should wear PE uniform (long pants) when returning to school. They should change into shorts just before the PE lesson starts. After the PE lesson, they must change back into long pants.
- For PE lessons in winter, students can wear sports sweatshirts and long pants when returning to school as needed. They can change into short-sleeved PE T-shirts and shorts as needed just before the PE lesson starts. After the PE lesson, they should change back into sports sweatshirts and long pants.
- If there is a school team practice on that day, in summer, students can return to school wearing PE uniform (long pants); in winter, students can return to school wearing sports sweatshirts and long pants. During school team practice, students must wear either PE uniform or school team uniform.
- On Saturday mornings and during school holidays, if students return to school for supplementary lessons, tests, or activities, they must wear neat school uniform or PE uniform (long pants).
- **Students with naturally non-black hair or those who need to wear religious accessories should submit a letter from their parents with supporting reasons to the school principal for approval within the first week of the school year. After approval, they can bring the relevant accessories back to school, but they still need to strictly adhere to the school's regulations.**
- **If students wear accessories without permission, all unauthorized accessories will be temporarily kept by the school discipline master. If students voluntarily request to retrieve them, they must apply with a parental letter within three days.**

學生校服及儀容細則

總綱

為保持端莊整潔、簡單樸實的學生形象，學生必須注意自己的服飾儀容及個人衛生，不得刻意打扮或崇尚潮流。

夏季

細則

1. 【男女生】

(A) 校服準則：必須稱身整潔（不得過長或過短、過闊或過窄、刻意剪裁及塗污）

鞋	平底純黑色學生皮鞋（不接受狹皮、漆皮或誇張的鞋款），鞋邊不可有黑色以外的線
冷衫	左襟有校名純灰色毛衣

(B) 儀容

髮型	髮型須樸實整潔，嚴禁染髮或剪恤標奇立異之髮型，不得塗抹任何髮型用品，如啫喱膏、定型水、髮乳、髮泥或故意塗抹清水等
面部	嚴禁化妝或塗抹帶有色彩／光澤之潤唇膏
飾物	學生不得配戴任何頸鍊、手鍊、手繩、指環或耳環等飾物
指甲	學生不得留長指甲或塗指甲油
隱形眼鏡	不得配戴有顏色的隱形眼鏡

2. 【男生】

(A) 校服

恤衫	純白色（胸前有藍邊）的確涼短袖恤衫
	左袋縫藍色校徽，須穿純白色內衣
褲	黑色直腳西褲、黑色皮帶
襪	無商標純黑色中筒襪（約 $1/3$ 至 $1/2$ 小腿長）
金屬校章	胸前恤衫口袋上或毛衣校名上

(B) 儀容

髮型	額前頭髮不得過眉、兩側不能過半耳、背面髮腳不能蓋領頂
	不准電髮
	不得剃光頭
飾物	不可配戴耳針/環

3. 【女生】

(A) 校服

裙	反領短袖A字裙、同色腰帶（必須用校方指定布料，裙身或腰帶不可掛飾物）、左襟縫藍色校徽、裙腳須及半膝
襪	無商標純白色中筒襪（約 $1/3$ 至 $1/2$ 小腿長）
金屬校章	胸前藍色校徽上或毛衣校名上

(B) 儀容

髮型	額前頭髮不得過眉，兩鬢不能過半耳；否則必須用髮夾束起；髮絲及肩時必須用黑色或深藍色樸素頭飾束起固定
飾物	每邊耳珠只可配戴一支白色/透明/純銀耳針

4. 【男女生運動服】

衫	圓領短袖體育T恤，左襟繡章，背上印社名
褲	黑色運動短褲，兩側夾社色夾邊
襪	無商標純白色中筒襪（約 $1/3$ 至 $1/2$ 小腿長）
鞋	主色為白色的運動鞋
外套	白色衫身，左襟繡章，背上印社名

冬季

細則

1. 【男女生】

(A) 校服準則：必須稱身整潔（不得過長或過短、過闊或過窄、刻意剪裁及塗污）

鞋	平底純黑色學生皮鞋（不接受獠皮、漆皮或誇張的鞋款），鞋邊不可有雜色線
手襪及頸巾	純深藍、黑色或灰色，不可有任何圖紋
外套	冬季連帽學校衛衣 或 灰色西裝校褸
冷衫	左襟有校名純灰色毛衣
校呔	灰色校呔
若天文台公佈沙田區早上 06:00 氣溫在 12°C 或以下： 男女生：可以穿著 純黑色羽絨 在外，確保同學有足夠禦寒及保暖衣服 女生： (a) 可以加穿肉色／灰色沒有任何圖案之絲襪或襪褲 或 (b) 可穿灰絨直腳長西褲代替校裙 或 (c) 可穿著整齊學校體育服裝	

(B) 儀容

髮型	髮型須樸實整潔，嚴禁染髮或剪恤標奇立異之髮型，不得塗抹任何髮型用品，如啫喱膏、定型水、髮乳、髮泥或故意塗抹清水等
面部	嚴禁化妝或塗抹帶有色彩／光澤之潤唇膏
飾物	學生不得配戴任何頸鍊、手鍊、手繩、指環或耳環等飾物
指甲	學生不得留長指甲或塗指甲油
隱形眼鏡	不得配戴有顏色的隱形眼鏡

2. 【男生】

(A) 校服

恤衫	白色的確涼長袖恤衫及衫領有黑色條子
	左袋縫藍色校徽，必須扣上頸喉鈕及袖口鈕，不可摺袖，領結校呔
褲	黑色直腳西褲、黑色皮帶
襪	無商標純黑色中筒襪（約 1/3 至 1/2 小腿長）
金屬校章	胸前恤衫口袋上或毛衣校名上

(B) 儀容

髮型	額前頭髮不得過眉、兩側不能過半耳、背面髮腳不能蓋領頂
	不准電髮
	不得剃光頭
飾物	不可配戴耳針/環

3. 【女生】

(A) 校服

恤衫	純白色的確涼長袖恤衫，左袋縫藍色校徽，必須扣上頸喉鈕及袖口鈕，不可摺袖，領結校呔
裙	藍絨背心裙、左襟必須有校名、裙腳及半膝
襪	無商標黑色中筒襪（約 1/3 至 1/2 小腿長）
金屬校章	胸前藍色校徽上或毛衣校名上

(B) 儀容

髮型	額前頭髮不得過眉，兩鬢不能過半耳；過耳時必須用髮夾夾起；及肩時必須用黑色或深藍色樸素頭飾束起
飾物	每邊耳珠只可配戴一支白色/透明/純銀耳針

4. 【男女生運動服】

衫	圓領長袖體育衛衣，左襟繡章，背上印社名
褲	黑色運動長褲，兩側夾白色兩條幼邊
襪	無商標純白色中筒襪（約 $1/3$ 至 $1/2$ 小腿長）
鞋	主色為白色的運動鞋
外套	白色衫身，左襟繡章，背上印社名

其他須知

- 學生在校內活動須穿著整齊校服或體育服（長褲）。如當天有體育課或校隊練習，學生可穿著體育服（長褲）回校。
- 夏季期間的體育課，學生須穿著體育服（長褲）回校後，上課前才換上短褲。體育課完結後，須穿回長褲。
- 冬季期間的體育課，學生可按需要穿著體育衛衣和長褲回校，並按需要上課前可換上短袖體育T恤和短褲。體育課完結後，穿回體育衛衣和長褲。
- 如當天有校隊練習，在夏季期間，學生可穿著體育服（長褲）回校；在冬季期間，學生可穿著體育衛衣和長褲回校。校隊練習時須穿著體育服或校隊服裝。
- 星期六上午及學校假期，如學生回校補課、測驗或參加其他活動，必須穿著整齊校服或體育服（長褲）。
- 若有先天非黑髮色或因宗教信仰而需要配戴平安飾物的學生，必須於開學首一星期內遞交家長証明信，向校長提出申請。經審批後方可將相關飾物帶回學校，且仍須嚴格遵守學校相關規定。
- 若學生配戴未經批准配戴飾物，所有違規飾物將由學校訓導主任暫時保管。若學生主動提出取回，須於三天內憑家長信申請。