

PHYSICAL EDUCATION

I. AIMS

By means of teaching students various sport skills and knowledge, it is hoped that our physical education lessons may help students

1. To be aware of the importance of good health and physical fitness, and develop an active life-style through participation in physical activities with the necessary skills and knowledge learned.
2. Develop desirable moral behavior and qualities of cooperation that are the prerequisites for integrating into the community.
3. Develop their leadership potential and the ability to make decisions and extend their appreciation on aesthetic movements.

II. SITUATIONAL ANALYSIS

A. Strengths

1. Students show interest in Physical Education lessons and sports activities.
2. Some traditional sports e.g. basketball, football, handball and cross-country have been developed.
3. P.E. teachers, teaching staff and old boys and girls are enthusiastic in promoting sports and activities through P.E. lessons and extra-curricular activities.
4. The teacher-pupil relationship is good.
5. Inter-school sports competitions are beneficial to students as they can gain more confidence and learn to be cooperative.
6. The sports associations organize sports promotion and discount booking for school and it can widen the scope of teaching and learning inside or outside the school.

B. Weaknesses

1. Students are not fit and tough enough.
2. The coaching load of sports teams is heavy for P.E. teachers and team advisors.
3. The care of sports team members is increasing. The attendance of school teams is satisfactory.

III. MAJOR CONCERNS 2008-09

Major Concerns		Address to School Major Concern
1	To strengthen students' speaking skills in English inside and outside the classroom.	1
2	To foster students skills and attitudes to be life long learners.	2
3	To prepare the school for 334 NSS education.	3

IV. OPERATIONAL STRATEGIES

Task	Description	Expected Outcomes	Success Criteria/ Evaluation Method	Time Scale	Resources Required/ Budget	Person-in-charge	
Major Concern 1: To strengthen students' speaking skills in English inside and outside the classroom.							
1	English inside the classroom	Students communicate with teacher in English.	Students can ask and answer questions in English during the lesson.	Students are willing to speak in English. Adequate time allowed for students.	Whole year	Asking and answering skills	All
		Teachers post up the specific vocabulary items about sports on the notice board.	Students can use that vocabulary during the lesson.	Students are familiar with that vocabulary.	Whole year	Vocabulary list	All
2	English outside the classroom	To collaborate with the English panel in running the Sports Day	1. The whole Sports Day program can be conducted in English. 2. Students can serve as the announcer and the master of the opening ceremony in English.	Students are familiar with the schedule, program and the specific vocabulary items on the Sports Day.	On and before the Sports Day	Vocabulary list and the script for the announcer and the master of the ceremony	PE and English Panel
		To make the public announcement and prize presentation in English	Sports convener can act as the master of the ceremony during the morning assembly	Sports convener can conduct the PE announcement and prize presentation.	Whole year	Presentation skills and script for the master of the ceremony	All

Major Concern 2: To foster students skills and attitudes to be life long learners.							
1	Related sports activities	To stress the importance of good health and physical fitness, and develop an active life-style.	Students can describe how to use the BMI and FITT in the sports activities. To post up the relevant information on the notice board.	Body measurement twice a year. Fitness training once a year.	Whole year	Specific apparatus and well designed training method	All
		To introduce some individual life long activities to the senior form students.	Senior form students show interest on those individual activities e.g. golf, bowling, ice-skating and tai-chi.	Advance booking of the required sports centre. Good coordination with the sports centre. Well-designed sports program.	Whole year	Sports centre and relevant sports information	All
Major Concern 3: To prepare the school for 334 NSS education.							
1	Staff development	To encourage panel members to attend the subject related seminars and workshops.	Teachers can acquire relevant skills and knowledge, so as to enrich their teaching.	Teachers can attend no less than one subject-related seminar or workshops.	Whole year	Seminars and workshops organized by EDB and other bodies	All
Others							
1	Reading to learn	Newspaper / interesting articles , pamphlets and magazine	Students show interest in reading them	Post up the materials on the P.E. notice board	Whole year	Newspaper, magazine, pamphlets from the sports organization and internet	All
2	IT in interactive learning & teaching	learn theoretical topics	1. To arouse student learning interest, and to enhance teaching efficiency. 2. Students can grasp the theory and concepts in an effective way	Search and buy the related software. Relevant information from the internet	Whole year	Relevant software. IT support Free classroom or hall is available.	All
3	Integrating moral and civic education	P.E. lessons	Students need to respect judgments in competitions and demonstrate sportsmanship. Students are responsible for collecting and tidying up of equipment.	Organize group work and competitions during P.E. lessons	Whole year	Well-organized activities	All
		Inter-class and Inter-school Competitions	Students are willing to represent the class, and the school in the sports activities and competitions	Organise inter-class competition and participate in the Inter-school Competitions	Whole year	EAC Committee and school teams advisors support	All
4	Catering for learning difference	Provide more guidance, help and support to the low achievers	Students can try their best to finish the task or activity.	Students make good progress on learning	Whole year	Time and good teacher-student relationship	All
5	Extra-curricular activities	1. Select and recommend the outstanding students to join the Inter-school Competitions and training courses. 2. Encourage the outstanding students to help school team advisors in teaching the lower form students	Students are willing to represent the school in the Inter-school Competitions and serve the schools.	Participate in the Inter-school Competitions and other related competitions. The help and support of school team advisors	Whole year	EAC Committee and school teams advisors support	All
6	Administration	Organize board display	Students read the notice board frequently	Students show interest on reading sports information	Whole year	Relevant materials from the sports organization. Suitable location for board display	All
		Develop student portfolio	Keep students' physical development and fitness, school team and award data	Design a well-organised program	Whole year	Computer software and IT support	All

V. EVALUATION METHODS ON MAJOR CONCERNS

1. After each topic taught, teacher sets up a practical test to evaluate students' abilities and learned outcomes.
2. Evaluate students' physical fitness by circuit training and examination.
3. Observe and record the student's performance of internal and external competition.

VI. TEAM MEMBERS

1. Mr. Leung Ping Kuen (LPK) [Head]
2. Mrs. Yung Chan Kit Wai (CKW)
3. Miss So Lai Ping (SLP)